



ROWANDALE INTEGRATED PRIMARY SCHOOL – WEEKLY MENU CHOICES – February 2012



	Week 1 W/C 30/01/12	Week 2 W/C 06/02/12	Week 3 W/C 13/02/12	Week 4 W/C 20/01/12	Week 5 W/C 27/02/12
Monday	SCHOOL CLOSED	Chicken Goujon bap and salad Jam Swiss roll & custard	SCHOOL PHOTOGRAPHER USING CANTEEN NO HOT DINNERS YOU MAY ORDER A PACKED LUNCH FROM GIL-GOOD LODGE	SCHOOL CLOSED	Make your own sandwich on a selection of brown & white bread - chicken, ham, tuna, cheese, pineapple, corn lettuce, peppers and tomato toppings Mini muffin and custard
Tuesday	Savoury minced steak dinner Fresh fruit & yoghurt	Roast Turkey dinner Fresh fruit & yoghurt	Roast chicken dinner Fresh fruit & yoghurt	SCHOOL CLOSED	Roast pork dinner Fresh fruit & yoghurt
Wednesday	Homemade pasta twist bolognese with sweetcorn & garlic bread. Jelly and tinned mandarins	Homemade pasta twist bolognese with sweetcorn & garlic bread. Jelly and tinned mandarins	Margarita pizza with optional, tuna, ham cheese, roast beef sweet chilli sauce, pineapple toppings & sweetcorn Fresh fruit / yoghurt	Homemade spaghetti bolognese and garlic bread & tossed salad Chocolate milk shake & yoghurt	Homemade pasta twist bolognese with dry roast potato wedges & salad Ice cream & tinned fruit.
Thursday	Irish stew & fresh vegetables Fresh fruit & yoghurt	Homemade cottage pie with a cheesy potato topping & peas Fresh fruit & yoghurt	SCHOOL CLOSED	Create your own burger bar. Homemade steak burger with a bun & optional cheese, pineapple and salad toppings. Fresh fruit & Shortbread	Chicken & sweetcorn bake with garlic bread & salad Fresh fruit / yoghurt
Friday	Fish fingers, beans & creamed potato Cheese & fresh fruit	Fish fingers, beans & creamed potato Rice krispie cake & fresh fruit	SCHOOL CLOSED	Fish fingers, beans & creamed potato Custard & peaches	Fish fingers, beans & creamed potato Fresh fruit & cheese

TOTAL _____

Pupil Name _____ Yr 1 2 3 4 5 6 7 (Please circle) NB: Cost of 1 dinner is £2.20

I will pay on a weekly basis

I will pay on a monthly basis

Total cash / cheque enclosed £ _____

Parent Signature _____ Date _____

NB: Please mark an 'X' in the box for each day your child is taking dinners



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COPY TO BE KEPT AT HOME FOR YOUR OWN REFERENCE



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